Note: This document has been translated from the Japanese original for reference purposes only. In the event of any discrepancy between this translated document and the Japanese original, the original shall prevail.

August 10, 2026

For Immediate Release

Company name: CURVES HOLDINGS Co., Ltd.
Representative: Takeshi Masumoto,
Representative Director, President and Group CEO
(Securities code: 7085, Prime Market of the Tokyo Stock Exchange)
Contact: Shinya Matsuda, Director and General Manager,
Administration Division
Phone number: +81-3-5418-9922

Notice Regarding Continued Selection as Constituent of the JPX-Nikkei Mid and Small Cap Index

CURVES HOLDINGS Co., Ltd. (the "Company") announces that it has continued to be selected as a constituent of the "JPX-Nikkei Mid and Small Cap Index" for Fiscal 2026 (August 29, 2026 to August 28, 2027) which is calculated jointly by JPX Market Innovation & Research, Inc. and Nikkei Inc.

The JPX-Nikkei Mid and Small Cap Index applies the concept of the JPX-Nikkei Index 400, which is comprised of highly attractive listed companies, to mid and small cap equities. It is a stock index composed of companies that focus on the sustainable enhancement of corporate value and investor-oriented management.

Constituent stocks are selected from common stocks mainly traded on the Prime, Standard, and Growth Markets of the Tokyo Stock Exchange. After screening based on market capitalization and liquidity indicators, companies are scored using quantitative metrics such as three-year average Return on Equity (ROE) and three-year cumulative operating profit. The final selection also incorporates qualitative criteria such as appointment of independent outside directors, the inclusion of female board members, and disclosures in English. Based on these criteria, the top 200 issues are selected as constituents.

The Group is operating businesses such as "30-minute Women-only Wellness Fitness Club Curves" as its core business, "30-minute No-Reservation Assisted Gym Men's Curves" and "Physical Movement Recovery Center Pint-UP." As "Community-based Wellness Infrastructure" that contributes to the extension of healthy life expectancy through these businesses and helps solve social issues, we are striving to improve member satisfaction, expand the number of members, and expand our club network by strengthening customer services.

Moving forward, we will continue to strive to solve social issues and enhance sustainable corporate value, with the aim of "creating a society free from fears of illness, nursing cares and loneliness, filled with vitality for life."

[Reference]
"JPX-Nikkei Mid and Small Cap Index" Constituents (applied on August 31, 2026)
https://www.jpx.co.jp/english/markets/indices/line-up/files/e_mei2_1_jpxsmall.pdf

"JPX-Nikkei Mid and Small Cap Index" Details
https://www.jpx.co.jp/english/markets/indices/jpx-nikkei400/01.html